



Matrix College of Counselling & Psychotherapy

Associate Tutor Programme

Matrix's unique approach to teaching Integrative Counselling is facilitated by our experienced tutor team teaching with an emphasis on relational integration using a mixture of both experiential and didactic learning.

To support our growth we run an Associate Tutor Pathway (ATP), which runs alongside our regular tutor recruitment programme.

We are looking for experienced counsellors or psychotherapists who are interested in learning the skills necessary to teach and support students on our BSc (Hons) Integrative Counselling course. This will be an opportunity to deepen learning about teaching Integrative counselling through the process of observing teaching over weekends or the midweek teaching days and supporting the facilitation of small group and experiential exercises. This experience will prepare associate tutors for what is required to become a tutor at Matrix and may be a pathway to applying for a role as a Matrix tutor.

This position will enable a practitioner without any teaching experience to gain valuable insight into teaching adult learners; particularly teaching theory through practice, reflection and development of a personal approach towards integration within the meta-therapeutic framework of Integration taught at Matrix. The role is unpaid, but will count towards CPD.

Matrix tutors and Programme Leads will retain full responsibility for didactic teaching, group management and facilitation of the training weekends. Associate tutors will observe the tutor to understand the role and support the facilitation of triads and small group exercises.

You will need to be a qualified Psychotherapeutic Counsellor or Psychotherapist and UKCP Registered or BACP Accredited.

Requirements include:

- A sound theoretical knowledge of relational integration
- A commitment to become familiar with the material of each module
- The ability to apply theory to learning about clinical practice
- Readiness to contribute to student and tutor discussions
- A willingness to familiarise yourself with the Programme Handbook
- The ability to work in a team and foster good working relationships

Stage 1

1.1 Application

A completed application form to be sent to Nikkita Dalglish (nikkita@matrix.ac.uk) by Monday 5th October 2026.

Requirements for application:

- BSc or equivalent level of counselling training and professional body registration or accreditation (UKCP/BACP)
- A minimum of four years post qualification experience
- Experience as a supervisor is desirable
- Commitment to attend for three teaching units which will be a mix of both weekend and weekday units (dates of these are negotiable)
- A personal statement and a statement of personal understanding of Integration

The closing date for applications is Monday 5th October 2026.

1.2 Interview

Shortlisted applicants will be interviewed on either Tuesday 13th October 2026.

1.3 Initial Training

Successful applicants will be given an overview of the structure of teaching and topics, plus Matrix's model of Integration and our experiential method of teaching/learning. We will also cover ethics and boundaries, triads skills practice and group process. Successful applicants will need to agree and adhere to the Matrix College policies, procedures and guidelines and embody the values of Matrix College.

Stage 2

2.1 Teaching observation

From November 2026 – March 2027 over three previously agreed two-day units the associate tutors will observe teaching, experiential exercises and skills practice.

Ian Argent will offer support, guidance and supervision if necessary.

Preparation time will be required to familiarise the associate tutors with the materials for teaching weekends. Assessment and attendance at meetings for student progress is not required, although the tutors will work in collaboration with the associate tutor when assessing student development and participation over teaching weekends.

Stage 3

3.1 Review

In March 2027 the associate tutors will each have a meeting with the Head of Training to reflect on the experience and their learning.

It is at this point the associate tutor may be invited to apply for a tutor role at Matrix, it may be that further observation of teaching and skills practice is required before consideration for becoming a tutor is possible. It may be that the associate tutor may not be invited to apply for a tutor role.

Stage 4

4.1 Potential formal application for tutor role

Between April – May the formal interview process will commence. This involves an interview possibly followed (if successful at first interview) by a teaching interview where the applicant will lead the delivery of a seminar and/or other elements on one day of a teaching unit, this will be assessed by the Matrix tutor.

4.2 Second stage of application for tutor role

On successful completion of the formal interview and assessment process the individual may be required shadow a full teaching weekend prior to teaching.

Contact:

Fiona Paul, Principal is available to discuss the role - please email fiona@matrix.ac.uk to arrange a time to talk.