

<b>Module 1</b>	
<b>Module Title</b>	<b>Introduction to Integrative Principles and Reflective Enquiry</b>
<b>Level</b>	4
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Autumn
<b>Pre-requisites</b>	None
<b>Aims</b>	<p>This module lays the foundation for the three-year course. The student is supported to find their place in the training group and to establish the foundation for professional and personal growth. The opportunity to understand the foundations of Integrative thinking is presented and students are encouraged to deepen their connection with themselves; being curious about themselves in relation to others.</p> <p>The basic counselling skills are introduced with the opportunity to practice these and receive feedback.</p>
<b>Module 2</b>	
<b>Module Title</b>	<b>Introduction to Counselling Theories and Skills</b>
<b>Level</b>	4
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Spring
<b>Pre-requisites</b>	Completion of module 1
<b>Aims</b>	<p>This module provides the opportunity for the students to gain a deeper understanding of counselling theories. Students are then encouraged to critically reflect on each modality. The focus then becomes the counselling relationship and therapeutic frame; building the link between theory and practice.</p>
<b>Module 3</b>	
<b>Module Title</b>	<b>Developmental Processes, Ethical Responsibilities and Self-Assessment</b>
<b>Level</b>	4
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Summer
<b>Pre-requisites</b>	Completion of module 2
<b>Aims</b>	<p>This module aims to build on previous learning, with a focus on early development and its effects across the lifespan. Ethical principles and practice are introduced, with a focus on non-oppressive and inclusive working. Reflections on personal and professional development over the year (in the form of a self and peer assessment) is undertaken along with a book presentation.</p>
<b>Module 4</b>	
<b>Module Title</b>	<b>Development of the Self, and Preparation for Clinical Practice</b>
<b>Level</b>	5
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Autumn
<b>Pre-requisites</b>	Completion of modules 1,2,3 (or successful application by fulfilling RPL requirements)
<b>Aims</b>	<p>This module builds on the learning from Year 1 and introduces specific theories and models that underpin the counselling relationship. The student is supported to develop both their knowledge and skills to enable them to start working in placement.</p>
<b>Module 5</b>	
<b>Module Title</b>	<b>Working Safely at Relational Depth</b>
<b>Level</b>	5
<b>Credit Points</b>	40

<b>Study Hours</b>	400
<b>Start Term</b>	Spring
<b>Pre-requisites</b>	Completion of module 4
<b>Aims</b>	This module extends understanding of interpersonal processes, including the intersubjective and transference. To develop the skills and knowledge needed for placement work, this module covers complex issues such as suicide, trauma, relational deficits and the reparative relationship. Students will consider how to work with complexity in safe and ethical ways.
<b>At this point students choose between module 6, 6A or 6B</b>	
<b>Module 6</b>	
<b>Module Title</b>	<b>Integration and Inclusivity</b>
<b>Level</b>	5
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Summer
<b>Pre-requisites</b>	Completion of module 5
<b>Aims</b>	<p>This module builds on self-reflection, deepening understanding of the self of the counsellor.</p> <p>This work includes greater consideration of anti-oppressive practice with the accompanying requirement to examine personal prejudices. Issues of power and privilege are considered, along with intersectional identity.</p> <p>The cognitive-behavioural approach is revisited, together with some examples from its research base. This highlights skills of critical analysis and the use of 'good science'.</p> <p>The foundation of knowledge and personal awareness is now in place for the student to begin developing their own personal integrative framework.</p>
<b>Module 6A</b>	
<b>Module Title</b>	<b>Integration and Inclusivity Developing professional competence leading to the exit award - Dip HE Integrative Counselling</b>
<b>Level</b>	5
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Summer
<b>Pre-requisites</b>	Completion of module 5
<b>Aims</b>	<p>This module builds on self-reflection, deepening understanding of the self of the counsellor.</p> <p>This work includes greater consideration of anti-oppressive practice with the accompanying requirement to examine personal prejudices. Issues of power and privilege are considered, along with intersectional identity.</p> <p>The cognitive-behavioural approach is revisited, together with some examples from its research base. This highlights skills of critical analysis and the use of 'good science'.</p> <p>The foundation of knowledge and personal awareness is now in place for the student to begin developing their own personal integrative framework.</p>

<b>Module 6B</b>	
<b>Module Title</b>	<b>Integration and Inclusivity Demonstrating Academic Competence leading to the exit award - Dip HE Professional Studies</b>
<b>Level</b>	5
<b>Credit Points</b>	40
<b>Study Hours</b>	400
<b>Start Term</b>	Summer
<b>Pre-requisites</b>	Completion of module 5
<b>Aims</b>	<p>This module builds on self-reflection, deepening understanding of the self of the counsellor.</p> <p>This work includes greater consideration of anti-oppressive practice with the accompanying requirement to examine personal prejudices. Issues of power and privilege are considered, along with intersectional identity.</p> <p>The cognitive-behavioural approach is revisited, together with some examples from its research base. This highlights skills of critical analysis and the use of 'good science'.</p> <p>The foundation of knowledge and personal awareness is now in place for the student to begin developing their own personal integrative framework.</p>
<b>Module 7</b>	
<b>Module Title</b>	<b>Deepening Awareness of the Complex Nature of Relationships</b>
<b>Level</b>	6
<b>Credit Points</b>	30
<b>Study Hours</b>	300
<b>Start Term</b>	Autumn
<b>Pre-requisites</b>	<p>Completion of modules 4, 5, and 6</p> <p>Settled in a counselling placement, with a <b>minimum</b> of 20 supervised practice hours</p>
<b>Aims</b>	This module provides the opportunity for the students to deepen their understanding of the therapeutic relationship. Students will revisit the unconscious processes at work in relationships and learn about enactments and further types of transference. A unit on the Existential approach widens and deepens the students' understanding of what it means to be human.

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<b>Module Title</b>	<b>Deepening Awareness of the Complex Nature of Relationships</b>
<b>Level</b>	6
<b>Credit Points</b>	30
<b>Study Hours</b>	300
<b>Start Term</b>	Autumn
<b>Pre-requisites</b>	<p>Completion of modules 4, 5, and 6</p> <p>Settled in a counselling placement, with a <b>minimum</b> of 20 supervised practice hours</p>
<b>Aims</b>	This module provides the opportunity for the students to deepen their understanding of the therapeutic

	relationship. Students will revisit the unconscious processes at work in relationships and learn about enactments and further types of transference. A unit on the Existential approach widens and deepens the students' understanding of what it means to be human.
<b>Module 8</b>	
<b>Module Title</b>	<b>Deepening Awareness of the Complex Nature of the Self</b>
<b>Level</b>	6
<b>Credit Points</b>	30
<b>Study Hours</b>	300
<b>Start Term</b>	Spring
<b>Pre-requisites</b>	Completion of module 7
<b>Aims</b>	This module aims to provide students with the opportunity to deepen awareness of self, self-in-relationship and the intersubjective relationship. The role of the body in understanding self and other is explored, including aspects of sex and the erotic. Students will explore and discuss common presenting issues, further supporting their clinical practice.

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<b>Module Title</b>	<b>Deepening Awareness of the Complex Nature of the Self</b>
<b>Level</b>	6
<b>Credit Points</b>	30
<b>Study Hours</b>	300
<b>Start Term</b>	Spring
<b>Pre-requisites</b>	Completion of module 7
<b>Aims</b>	This module aims to provide students with the opportunity to deepen awareness of self, self-in-relationship and the intersubjective relationship. The role of the body in understanding self and other is explored, including aspects of sex and the erotic. Students will explore and discuss common presenting issues, further supporting their clinical practice.
<b>Module 9</b>	
<b>Module Title</b>	<b>Integrating Theory and Practice</b>
<b>Level</b>	6
<b>Credit Points</b>	60
<b>Study Hours</b>	600
<b>Start Term</b>	Summer
<b>Pre-requisites</b>	Completion of module 8
<b>Aims</b>	This module aims to provide students with the opportunity to consolidate therapeutic skills and present evidence of themselves as experienced reflective practitioners. Students will be given opportunities to critically evaluate, compare and analyse complex theoretical issues in relation to client material and articulate these verbally and in writing. They will have the opportunity to undertake a personal research proposal demonstrating an understanding of research methods and underlying ethical principles.