# PSYCHOTHERAPY LTD FINANCIAL STATEMENTS 31 AUGUST 2018

# FINANCIAL STATEMENTS

# YEAR ENDED 31 AUGUST 2018

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# **OFFICERS AND PROFESSIONAL ADVISERS**

**DIRECTOR** Mrs F M Paul

REGISTERED OFFICE Headlands House

1 Kings Court Kettering Parkway

Kettering England NN15 6WJ

AUDITOR Lovewell Blake LLP

Chartered Accountants & statutory auditor

First Floor Suite

2 Hillside Business Park

**Bury St Edmunds** 

**IP32 7EA** 

#### **DIRECTOR'S REPORT**

## **YEAR ENDED 31 AUGUST 2018**

The director presents her report and the financial statements of the company for the year ended 31 August 2018.

#### DIRECTOR

The director who served the company during the year was as follows:

Mrs F M Paul

#### **DIRECTOR'S RESPONSIBILITIES STATEMENT**

The director is responsible for preparing the director's report and the financial statements in accordance with applicable law and regulations.

Company law requires the director to prepare financial statements for each financial year. Under that law the director has elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the director must not approve the financial statements unless she is satisfied that they give a true and fair view of the state of affairs of the company and the profit or loss of the company for that period.

In preparing these financial statements, the director is required to:

- select suitable accounting policies and then apply them consistently;
- make judgments and accounting estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The director is responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with the Companies Act 2006. She is also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

## **AUDITOR**

Each of the persons who is a director at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the company's auditor is unaware; and
- they have taken all steps that they ought to have taken as a director to make themselves aware
  of any relevant audit information and to establish that the company's auditor is aware of that
  information.

#### **SMALL COMPANY PROVISIONS**

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

# **DIRECTOR'S REPORT** (continued)

# YEAR ENDED 31 AUGUST 2018

This report was approved by the board of directors on \_\_\_\_\_\_\_ 2079 and signed on behalf of the board by:

Mrs F M Paul Director

Registered office: Headlands House 1 Kings Court Kettering Parkway Kettering England NN15 6WJ

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MATRIX COLLEGE OF COUNSELLING AND PSYCHOTHERAPY LTD

#### **YEAR ENDED 31 AUGUST 2018**

#### **OPINION**

We have audited the financial statements of Matrix College of Counselling and Psychotherapy Ltd (the 'company') for the year ended 31 August 2018 which comprise the statement of income and retained earnings, statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the company's affairs as at 31 August 2018 and of its profit for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

#### **BASIS FOR OPINION**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## **CONCLUSIONS RELATING TO GOING CONCERN**

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the director's use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the director has not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MATRIX COLLEGE OF COUNSELLING AND PSYCHOTHERAPY LTD (continued)

## YEAR ENDED 31 AUGUST 2018

#### OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The director is responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## **OPINIONS ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the director's report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the director's report has been prepared in accordance with applicable legal requirements.

#### MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of the knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the director's report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- · certain disclosures of director's remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the director was not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the director's report and from the requirement to prepare a strategic report.

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MATRIX COLLEGE OF COUNSELLING AND PSYCHOTHERAPY LTD (continued)

## **YEAR ENDED 31 AUGUST 2018**

# **RESPONSIBILITIES OF THE DIRECTOR**

As explained more fully in the director's responsibilities statement, the director is responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the director determines is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the director is responsible for assessing the company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the director either intends to liquidate the company or to cease operations, or has no realistic alternative but to do so.

#### **AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

As part of an audit in accordance with ISAs (UK), we exercise professional judgment and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial statements, whether due to
  fraud or error, design and perform audit procedures responsive to those risks, and obtain audit
  evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not
  detecting a material misstatement resulting from fraud is higher than for one resulting from error,
  as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override
  of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit
  procedures that are appropriate in the circumstances, but not for the purpose of expressing an
  opinion on the effectiveness of the internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the director.
- Conclude on the appropriateness of the director's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the
  disclosures, and whether the financial statements represent the underlying transactions and
  events in a manner that achieves fair presentation.

# INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF MATRIX COLLEGE OF COUNSELLING AND PSYCHOTHERAPY LTD (continued)

#### **YEAR ENDED 31 AUGUST 2018**

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

#### **USE OF OUR REPORT**

This report is made solely to the company's members, as a body, in accordance with chapter 3 of part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the company and the company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Simon Watson FCCA (Senior Statutory Auditor)

For and on behalf of Lovewell Blake LLP Chartered Accountants & statutory auditor First Floor Suite 2 Hillside Business Park Bury St Edmunds IP32 7EA

29th May 2019

# STATEMENT OF INCOME AND RETAINED EARNINGS

# YEAR ENDED 31 AUGUST 2018

No	to	2018 £	2017 £
TURNOVER		316,178	315,070
Cost of sales		161,237	166,386
GROSS PROFIT		154,941	148,684
Administrative expenses		113,496	103,404
OPERATING PROFIT		41,445	45,280
Interest payable and similar expenses		-	91
PROFIT BEFORE TAXATION	6	41,445	45,189
Tax on profit		8,643	8,852
PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVINCOME	E	32,802	26 227
INCOME.			36,337
Dividends paid and payable		(35,440)	(30,100)
RETAINED EARNINGS AT THE START OF THE YEAR		12,945	6,708
RETAINED EARNINGS AT THE END OF THE YEAR		10,307	12,945

All the activities of the company are from continuing operations.

## **STATEMENT OF FINANCIAL POSITION**

#### 31 AUGUST 2018

		2018		2017	
FIVES LOCKED	Note	£	£	£	£
FIXED ASSETS Tangible assets	7		6,390		4,728
CURRENT ASSETS Debtors Cash at bank and in hand	8	24,155 30,909 55,064		19,164 54,201 73,365	
CREDITORS: amounts falling due within one year	9	49,927		64,216	
NET CURRENT ASSETS			5,137		9,149
TOTAL ASSETS LESS CURRENT LIABILITIES			11,527		13,877
PROVISIONS			1,214		926
NET ASSETS			10,313		12,951
CAPITAL AND RESERVES Called up share capital fully paid Capital redemption reserve Profit and loss account			3 3 10,307		3 3 12,945
SHAREHOLDERS FUNDS			10,313		12,951

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

These financial statements were approved by the board of directors and authorised for issue on  $28^{+}$  May 2019, and are signed on behalf of the board by:

Mrs F M Paul Director

Company registration number: 04406186

# **STATEMENT OF CASHFLOWS**

# 31 AUGUST 2018

	2018 ₤	2017 £
CASH FLOWS FROM OPERATING ACTIVITIES Profit for the financial year	32,802	36,337
Adjustments for: Depreciation of tangible assets Interest payable and similar expenses Tax on profit Accrued expenses/(income)	2,654 - 8,643 37	1,813 91 8,852 (23,500)
Changes in: Trade and other debtors Trade and other creditors	(4,991) (13,496)	901 2,640
Cash generated from operations	25,649	27,134
Interest paid Tax paid	(9,185)	(91) (15,363)
Net cash from operating activities	16,464	11,680
CASH FLOWS FROM INVESTING ACTIVITIES Purchase of tangible assets	(4,316)	(242)
Net cash used in investing activities	(4,316)	(242)
CASH FLOWS FROM FINANCING ACTIVITIES Dividends paid	(25.440)	(30.100)
Net cash used in financing activities	(35,440) (35,440)	(30,100)
14Ct Cush used in midneling delivities	(30,770)	(30,100)
NET DECREASE IN CASH AND CASH EQUIVALENTS CASH AND CASH EQUIVALENTS AT BEGINNING OF YEAR	(23,292) 54,201	(18,662) 72,863
CASH AND CASH EQUIVALENTS AT END OF YEAR	30,909	54,201

## **NOTES TO THE FINANCIAL STATEMENTS**

#### **YEAR ENDED 31 AUGUST 2018**

#### 1. GENERAL INFORMATION

The company is a private company limited by shares, registered in England and Wales. The trading address of the company is 6 Griffin Court, Wymondham, Norfolk, NR10 0GU. The address of the registered office is Headlands House, 1 Kings Court, Kettering Parkway, Kettering, England, NN15 6WJ.

## 2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

#### 3. ACCOUNTING POLICIES

#### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through profit or loss.

The financial statements are prepared in sterling, which is the functional currency of the entity.

# Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances.

## Revenue recognition

The turnover shown in the profit and loss account represents amounts receivable during the year, exclusive of Value Added Tax.

In respect of long-term contracts and contracts for ongoing services, turnover represents the value of work done during the year, including estimates of amounts not invoiced. Turnover in respect of long-term contracts and contracts for on-going services is recognised by reference to the stage of completion.

#### Income tax

The taxation expense represents the aggregate amount of current and deferred tax recognised in the reporting period. Tax is recognised in profit or loss, except to the extent that it relates to items recognised in other comprehensive income or directly in equity. In this case, tax is recognised in other comprehensive income or directly in equity, respectively.

Current tax is recognised on taxable profit for the current and past periods. Current tax is measured at the amounts of tax expected to pay or recover using the tax rates and laws that have been enacted or substantively enacted at the reporting date.

Deferred tax is recognised in respect of all timing differences at the reporting date. Unrelieved tax losses and other deferred tax assets are recognised to the extent that it is probable that they will be recovered against the reversal of deferred tax liabilities or other future taxable profits. Deferred tax is measured using the tax rates and laws that have been enacted or substantively enacted by the reporting date that are expected to apply to the reversal of the timing difference.

## NOTES TO THE FINANCIAL STATEMENTS (continued)

#### **YEAR ENDED 31 AUGUST 2018**

## 3. ACCOUNTING POLICIES (continued)

#### **Operating leases**

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

#### Tangible assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

#### Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Books - 25% reducing balance

Equipment - 30% reducing balance and 33.3% straight line

#### Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

## **Financial instruments**

Basic financial instruments are recognised at amortised cost, except for investments in non-convertible preference and non-puttable ordinary shares which are measured at fair value, with changes recognised in profit and loss. Derivative financial instruments are initially recorded at cost and thereafter at fair value with changes recognised in profit and loss.

#### **Defined contribution plans**

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

When contributions are not expected to be settled wholly within 12 months of the end of the reporting date in which the employees render the related service, the liability is measured on a discounted present value basis. The unwinding of the discount is recognised as a finance cost in profit or loss in the period in which it arises.

# NOTES TO THE FINANCIAL STATEMENTS (continued)

## YEAR ENDED 31 AUGUST 2018

## 4. AUDITOR'S REMUNERATION

	2018	2017
	£	£
Fees payable for the audit of the financial statements	3,000	3,000

## 5. EMPLOYEE NUMBERS

The average number of persons employed by the company during the year amounted to 1 (2017: 1).

## 6. PROFIT BEFORE TAXATION

Profit before taxation is stated after charging:

	2018	2017
	£	£
Depreciation of tangible assets	2,654	1,813

## 7. TANGIBLE ASSETS

	Short leasehold		
	property £	Equipment £	Total £
Cost			-
At 1 September 2017	18,138	19,319	37,457
Additions	-	4,316	4,316
At 31 August 2018	18,138	23,635	41,773
Depreciation		among days and a section of	
At 1 September 2017	15,791	16,938	32,729
Charge for the year	587	2,067	2,654
At 31 August 2018	16,378	19,005	35,383
Carrying amount			
At 31 August 2018	1,760	4,630	6,390
At 31 August 2017	2,347	2,381	4,728
			Annual Control of the

# **NOTES TO THE FINANCIAL STATEMENTS (continued)**

# YEAR ENDED 31 AUGUST 2018

## 8. DEBTORS

		2018	2017
		£	£
	Trade debtors	8,270	10,034
	Other debtors	15,885	9,130
		24,155	19,164
9.	CREDITORS: amounts falling due within one year	Bearing State Control	- All to Market Con a Section Con and a section
٠.	ONEDITONO. amounts family due within one year		
		2018	2017
		£	£
	Trade creditors	4,710	5,216
	Corporation tax	8,356	9,186
	Social security and other taxes	3,619	6,796
	Other creditors	33,242	43,018

# 10. OPERATING LEASES

The total future minimum lease payments under non-cancellable operating leases are as follows:

2018	2017
£	£
127,500	
	- minimum representation

64,216

49,927

MANAGEMENT INFORMATION
YEAR ENDED 31 AUGUST 2018

The following pages do not form part of the financial statements.

# **DETAILED INCOME STATEMENT**

# YEAR ENDED 31 AUGUST 2018

20° £	,
TURNOVER 316,1	
COST OF SALES	
Fees to tutors 112,5	547 103,718
	300 1,816
Assessment fees 10,5	511 6,912
Middlesex University Fees 31,7	740 32,160
	000 3,647
Other Courses	- 8,560
CPD Courses 3,6	§ 9,573
161,2	237 166,386
GROSS PROFIT 154,9	241 149.664
(54,5	941 148,684
OVERHEADS	
ADMINISTRATIVE EXPENSES	
Rent 24,5	-
	522 –
	387 1,892
	60
0,0	000 7,284 96 –
·	005 6,660
Secretarial and telephone 14,8	,
Website maintenance, development and publicity 4,9	
Subscriptions 12,6	-
Post and stationery 1,5	
Staff training 2,5	
Sundry expenses 4,3	
Refreshments and entertaining 3,3	
Bad debts written off 1,5	
	44 31
Legal and professional fees 6,6	i34 <u> </u>
HER review costs	- 16,211
Accountancy fees 5,9	•
Auditors remuneration 3,0	
Directors salaries 8,2	
Depreciation 2,6	1,813
113,4	96 103,404
OPERATING PROFIT 41,4	45,280
Interest payable and similar expenses	- (91)
PROFIT BEFORE TAXATION 41,4	45,189

# NOTES TO THE DETAILED INCOME STATEMENT

# YEAR ENDED 31 AUGUST 2018

2018 £ INTEREST PAYABLE AND SIMILAR EXPENSES	2017 £
Interest on bank loans and overdrafts –	91
	***************************************